

The Short Cut Regeneration Through Fasting

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The Short Cut: Regeneration Through Fasting: Julia Seton

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The Short Cut: Regeneration Through Fasting Hardcover - September 10, 2010 by Julia Seton (Author)

The Short Cut: Regeneration Through Fasting: Seton, Julia ...

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Yes, there is a short cut to REGENERATION OF OUR WHOLE BEING. It is a short, steep climb out onto the mountain tops where life's finer forces do the super-work, and the method is simple: just fast and breathe, control eating, exercise, think, feel, and act in unison with the Higher Law and Regeneration will be yours.

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The Short Cut: Regeneration Through Fasting. Julia Seton. Cosimo, Inc., Nov 1, 2006 - Self-Help - 104 pages. 0 Reviews. Everything you've always wanted can be yours, simply through the discipline acquired via self-denial. So went the thinking of the first "New Age" thinkers of the popular occult movement of the early 20th century. This 1928 ...

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The first law of a Novitiate or an Initiate is to OBEY", and unless we want to do this and obey faithfully the teachings to those who know, we had better let things alone and take our chances with the great evolving masses who take life as it comes—easy, safe and slow.

The Short Cut to Regeneration Through Fasting/Chapter 2 ...

The Short Cut to Regeneration Through Fasting/Chapter 10. From Wikisource ... but with this new death of the flesh through fasting, the struggling cell consciousness must be helped out of its place by quick methods and these methods are breathing and muscle tensing.

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The blood is the carrier of life to the physical body and it is breath, not food, that keeps the blood flowing in our veins. It is breath not food, that purifies the blood streams and keeps new, fresh, red, oxygenated blood going the rounds of the human tide. The rise and fall of the body forms the suction power which sends it onward laden with its life giving force.

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The Short Cut: Regeneration Through Fasting Julia Seton No preview available - 2013. The Short Cut to Regeneration Through Fasting Julia Seton No preview available - 2019. References to this book. Born Again Bodies: Flesh and Spirit in American Christianity R. Marie Griffith Limited preview - 2004.

Short Cut: Regeneration Through Fasting, 1929 - Julia ...

When we take the Short Cut of Fasting we not only rearrange our whole being, but we rearrange our position in the great Universal Etheric Vibrations.. We give ourself a new place in our own firmament and throw around us new expressions of Cosmic Life with which we must again normally connect.

The Short Cut to Regeneration Through Fasting/Chapter 12 ...

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Fasting for Regeneration: The Short Cut: Seton, Julia ...

The short-cut method presented allows the user to quickly estimate the decline of their adsorbent based on only one performance test run for molecular sieve dehydrators using low-pressure regeneration. This permits the early formulation of a credible action plan.

A Short Cut Method for Evaluating Molecular Sieve Performance

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