

The Better Baby Book How To Have A Healthier Smarter Happier David Asprey

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Self publishing services to help professionals and entrepreneurs write, publish and sell non-fiction books on Amazon & bookstores (CreateSpace, Ingram, etc).

The Better Baby Book How

Build a baby-to-be's library with new books, including some of your baby shower guests' personal favorites that they can sign instead of sending a card.

The Best Idea: Replacing Baby Shower Cards With Children's Books

What's the best way to get adults reading? Get them reading when they're children - and there's no better place to start than the Unity Children's Bestseller Chart. AUCKLAND 1 In Our Own Backyard by ...

The Unity Books children's bestseller chart for the month of July

A new baby after experiencing the loss of a child is referred to as a rainbow baby. My youngest daughter who will soon be 2 is our rainbow baby. In 2016, we experienced a stillbirth. It was one that I ...

Coping with the loss of a baby

Suppose I were to begin by saying that I had fallen in love with a color," writes Maggie Nelson in the opening of "Bluets," her book-length ode to the color blue. Through a couple of hundred vignettes ...

"Baby Pink Is My Home": How an Autistic Person Creates a Safe Space with Color

Steven Faulkner's novel moves us beyond mere mosaic to the very Savior the stones invoke. Strange how, even in an era oversaturated with images, a single well-made one can still speak the transcendent ...

From the Savior's 'Image,' the Stones Cry Out

Mandy Anders seems like a pretty standard teen with a chip on her shoulder and a heavy helping of "you don't understand me, no one understands me" attitude.

Book Breakdown - I Am Not Starfire Takes Us Behind the Sparkles

Cerys Davies, now 16, from Stafford, was just 13-years-old when diagnosed with Osteosarcoma - which occurs when the cells that grow new bone form a cancerous tumour.

Girl, 16, with rare bone cancer reveals how pals abandoned her and set up an Instagram account mocking her - as she supports campaign for young people to be better friends to ...

Many babies suffer from digestion issues, which can lead to discomfort and fussiness. But this osteopath's tips for helping aid a baby's digestion are going viral on TikTok, and many parents swear by ...

Osteopath Shares Clever Tricks For Helping Babies Digest Better

A heart is available, the clock is ticking, and doctors are forced to choose between three viable candidates for a transplant: a woman who could live for several more years with a new heart but ...

BreakPoint: The message of 'The God Committee' and our call to play God

While casual car booters may enjoy arriving late and gently rummaging through boxes of old items for a bargain, hardcore booters love getting to them early and snapping up valuable collectables. Most ...

Can you hit the jackpot with these valuable items at a car boot sale?

Dustin Maloney is in sagebrush country in remote northern Utah west of Snowville on a grueling hiking trip full of dust and heat and sweat. He's got one eye looking for snakes and the other on the ...

Golden eagle populations struggling in Utah and the West

Los Angeles is already the unofficial staycation capital of the country. In the land of perennial summer, sandwiched between mountain and ocean, the temptation to take time away from work is real and ...

The Best Los Angeles Staycations Just Got Even Better

Reading is often advocated as an antidote to the internet. An activity to enjoy away from our ever-present screens and the endless scroll. So, it may appear counterintuitive that the social media has ...

The rise of performative reading and how it's changed our relationship with books

Richardson could help this Celtics team. We wrote about this earlier this week. And if Dunn can stay healthy for once, he too could help. But just like Stevens first trade (Walker for Horford), these ...

It would be wise to not get attached to the current Celtics roster

Guidelines and rules result in exceptions, loopholes and unintended consequences. That said, every investor should come up with personalized protocols that govern their own portfolio. These individual ...

Your Funds: Develop personal rules to better control your portfolo

As if that weren't enough, 2021 is bringing with it another massive challenge that threatens to knock even more years off the Social Security Trust Funds' lifespan: inflation. According to the Bureau ...

How Inflation Is Killing Social Security Quicker

More COVID-19 outbreaks in the Pittsylvania-Danville Health District — blamed on the delta variant and mass gatherings — and a recommendation to return to wearing masks even if vaccinated highlight a ...

Infectious variant and rising cases in Dan River Region are clear signs pandemic is far from over

Billie Eilish, 19, is better than ever on "Happier Than Ever" thanks to her growing maturity, articulation and confidence.

'Happier' Billie Eilish is even better now; Dolly Parton songs transformed into lullabies

It takes Black women until Aug. 3, or 19 months, to earn what a white man earns in a year. Most years, Pay Equity Day happens in March when all women must work to make as much as white men. Ain't I a ...

Black women and the pay gap: We do what we have to do

The Twilight film series was brought to Netflix on July 16 and has remained in the top 10 trending category ever since its release. The release has prompted many old fans to rewatch the films and have ...