

Sportline Step Counter User Guide

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Sportline Step Counter User Guide

Exact features vary, but many will record the number of steps, distance, calories, speed and time. As of 2010, Sportline has 17 different pedometers available. Pedometers require a set-up process in order to measure your stride length and to properly record calories and time. Check the user's manual for your model for specific set-up instructions.

Instructions for Setting a Sportline Pedometer ...

Manuals and User Guides for Sportline Pocket Pedometer. We have 1 Sportline Pocket Pedometer manual available for free PDF download: Instruction Manual . Sportline Pocket Pedometer Instruction Manual (20 pages) Pocket Pedometer with Calorie Tracker. Brand: ...

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Sportline speed toning pedometer user guide (11 pages) ... Talking calorie counter pedometer (1 page) Pedometer Sportline 330 User Manual. Pedometer (4 pages) ... walk or run 10 steps and then measure the distance with a tape measure from the first step's toe to the 10th step's toe (fig.

SPORTLINE POCKET PEDOMETER INSTRUCTION MANUAL Pdf Download ...

Manual 1) Clip the unit to your belt or to the top of your shorts, trousers, or slacks as close as possible to the crease line... 2) The pedometer must always be horizontal so it is parallel with the ground. Do not attach at an angle or sideways as...

Manual - Sportline 340 Distance Step Counter

Press the STRIDE button repeatedly to enter your personal stride length. Each press advances your stride by 0.1 foot (1.2 inches). The pedometer will count up to 6.0 feet before dropping down to 1.0 foot to start counting up again. Note: After six seconds the display will return to the DISTANCE (MIL) mode.

Manual - Sportline 342 Distance Step Counter

Sportline Step Counter User Guide Use the "Up" and "Down" arrow keys on the front of the display to change the number on the display to your stride calculation. For example, if your stride is 10 inches, press the keys until "10" shows on the display. The device will set automatically once you stop entering numbers.

Sportline Step Counter User Guide - Legacy

The Sportline 340 pedometer is a small, lightweight fitness tool that keeps accurate track of your steps and distance. This pedometer adjusts to fit your unique, personal stride, and accurately measures your steps up to 99,999, and your distance up to 1,000 miles. The Sportline 340 also features a large digital ...

The Instructions for the Sportline 340 Pedometer | SportsRec

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PEDOMETER FEATURES: ... (See below for details on entering your step .

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Jun 22, 2018 sportline step and distance pedometer manual. sportline pedometer 1070 instructions. sportline pedometers. sportline fitness pedometer 360 PEDOMETER. USER GUIDE. /INSTRUC. TION MANUAL. Congratulations on your purchase of a Sportline 340 P edometer. The 340 P edom- eter features a

Sportline pedometer 1070 instructions - My Great Neighbor

Sportline pedometers come in a range of different models, from basic step counters to multiple data monitors. After extended use, the digital display of the pedometer may start to fade or no longer be visible, indicating a battery replacement is needed. Most Sportline pedometers function with a CR2032 lithium battery, ...

How to Change the Battery in a Sportline Pedometer | SportsRec

Buy products related to sportline pedometers and see what customers say about sportline pedometers on Amazon.com FREE DELIVERY possible on eligible purchases. ... 30 Days Memory, Accurate Step Counter, Walking Distance Miles/Km, Calorie Counter, Daily Target Monitor, Exercise Time.

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Omron Step Counter Manuals & User Guides. User Manuals, Guides and Specifications for your Omron Step Counter Pedometer. Database contains 1 Omron Step Counter Manuals (available for free online viewing or downloading in PDF): Instruction manual .

Omron Step Counter Manuals and User Guides, Pedometer ...

USER GUIDE /INSTRUCTION MANUAL Congratulations on your purchase of a Sportline 340 Pedometer. The 340 Pedom-eter features a highly advanced pedometer technology that

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accurately measures your body movements when worn from multiple locations on the body and in multiple orientations. Please keep in mind your pedometer is a sensitive technical ...

340 PEDOMETER USER GUIDE - Amazon S3

To find out what your stride is, walk or run 10 steps and then measure the distance with a tape measure from the first step's toe to the 10th step's toe. 2. Divide your total distance by 10 to get your average stride length. 3.

1- INTRODUCTION USER GUIDE

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Simple yet effective, the tiny, ultra-lightweight Sportline 330 Step Count Pedometer is great for all walkers and hikers. It features a clear translucent gel design with a see-through flip cover that protects the buttons during activity. Perfect for your 10,000-step a day exercise program, it's suitable for walkers, hikers, and joggers.

Amazon.com : Sportline Walking Advantage 330 Step Count ...

Sportline Pedometer Manual- Is sb4202 set for step. Sportline Model 220 Instructions. Yamax dw-150 step pedometer with manual sensitivity adjustment from sportline pedometers for walking to omron pedometers that track each and every step,, i bought a pro-form pedometer at walmart the other day.it has a pulse monitor. the problem i am having is i got it - proform exercise & fitness question.

Walmart sportline pedometer instructions

Press the "Set" button and hold it down for 2 seconds to change the time, weight and stride length settings. Pressing "Set" again will move on to the next setting, so if you don't have to change

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the time but you want to change the weight, press and hold "Set," and then press "Set" once again to skip over the time setting.

How to Set Up an Omron Pedometer | Livestrong.com

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