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Shiatsu Therapy For Horses Know

A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of communication between individuals of

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one species and
between species, and
horses are particularly
responsive to both the
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Horses. Shiatsu is a
gentle, deeply effective
holistic system of
health care. It comes

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from Asia and has been
developing for over
5,000 years.

**Shiatsu Therapy for
Horses by Pamela
Hannay**

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between individuals of one species and between species, and horses are particularly responsive to both the healing and the communication touch of shiatsu.

Shiatsu Therapy for Horses : Know Your Horse and Yourself

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Description. Shiatsu is a gentle, deeply effective holistic system of health care.

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It comes from Asia and has been developing for over 5,000 years. A sister therapy to acupuncture, it employs finger pressure to gently stimulate the body's natural healing ability. Touch is also an extremely important method of communication between individuals of one species and between species, and horses are particularly

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**Shiatsu Therapy for
Horses : Know Your
Horse and Yourself**

...

Shiatsu is a form of Japanese physiotherapy which can be used to treat a wide variety of issues. The majority of the work covers soft tissue injuries and movement

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dysfunction, such as tight muscles and stiff joints. It is safe and suitable for most horses, both to deal with specific physical concerns, and to manage stress, mental and emotional health problems.

What is Equine Shiatsu? | The Equine Shiatsu Association

Shiatsu Therapy for Horses, by the late

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Pamela Hannay,
provides a
comprehensive and
practical guide to
shiatsu techniques.
The excellent
illustrations show
exactly how each
exercise is to be
carried out, and the
exercises themselves
are explained in detail
and with great clarity.

**Shiatsu Therapy for
Horses: Know Your
Horse and Yourself**

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Shiatsu is a Japanese word meaning “finger pressure”. It is a practical everyday hands on therapy based on the same principles as acupuncture and acupressure. Equine Shiatsu uses a pressure that gently stimulates the body’s natural healing ability. To find a shiatsu therapist in your area go to:

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**Equine Shiatsu - The
Guide to Equine
Natural Health**

Instead Shiatsu is based on finger pressure applied at "acupressure points", which gently stimulate the natural healing ability of the body. In Shiatsu there are 12 meridians, each of these is believed to have a powerful effect on the horses health.

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Meridians are a foundation of traditional chinese veterinary medicine (TCVM).

Shiatsu for Horses & Dogs

Equine-assisted psychotherapy incorporates horses into the therapeutic process. People engage in activities such as grooming, feeding, and leading a horse while being

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supervised by a mental health professional. Goals of this form of therapy including helping people develop skills such as emotional regulation, self-confidence, and responsibility.

Equine Therapy for Mental Health: Benefits and Things to ...

In 2003, she opened Roseheart Kingdom a 'Therapy Centre for

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People & Animals' in
Shropshire, which is
the only centre in the
world where you can
receive treatments and
learn the ancient
Japanese art of Shiatsu
for People, Horses and
Dogs. It became the
permanent base for the
existing
complementary
therapy practice that
was established in
1996.

Shiatsu for People,

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**Horses & Dogs with
Jacqueline Molony ...**

Shiatsu for Horses
Shiatsu is a form of
acupressure, a sister
therapy to
accupuncture using
hands instead of
needles, working along
the energy channels
and pressure points of
the body, to rebalance
the body as a whole.

75

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Shiatsu therapy for horses : know your horse and yourself better for shiatsu.

[Pamela Hannay]

Shiatsu therapy for horses : know your horse and yourself

...

This means that Equine Shiatsu can also be used as a preventative measure, is an excellent aid to general good health, and can

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be used as a complimentary therapy to other treatments a horse may be receiving. Cleo's shoulder loosening off nicely after some work

Equine Shiatsu: A Complimentary Therapy - Megan Simpson ...

Shiatsu is typically done on a low massage table or on a mat on the floor. Although the sequence is often

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similar to other types of massage, no massage oil is used, so it is usually done with the client fully clothed in loose, comfortable clothing.

What You Can Expect From a Shiatsu Massage

2002, English, Book,
Illustrated edition:
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horses : know your
horse and yourself
better for shiatsu /

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Through Shiatsu
Pamela Hannay ;
photographs by
Vincent Giaquinto.
Hannay, Pamela. Get
this edition

**Shiatsu therapy for
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communicating touch
of Shiatsu.

Amazon.com:
Customer reviews:
**Shiatsu Therapy for
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Shiatsu has become

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popular in the Western world over recent years. Many complementary therapy centres offer shiatsu. The principle behind shiatsu is related to the energy flow, known as Ki or Qi (pronounced chee), through your body. According to shiatsu therapists, disruption to this energy flow can cause illness and disease.

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