

## Neonatal Abstinence Syndrome Treatment Guidelines Feb2013

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### Neonatal Abstinence Syndrome Treatment Guidelines

Treatment Guidelines for Neonatal Abstinence Syndrome. Provider quick tips and orders: When admitting an NAS baby, the order for “scoring” using the ESC approach should be entered as a “Notify Provider” order as follows: “Please notify provider if infant is unable to: A. Eat at least 1 ounce per feed or breastfeed well; B. Sleep for at least 1 hour undisturbed; or C. Be consoled within 10 minutes.”.

### Treatment Guidelines for Neonatal Abstinence Syndrome

The neonatal abstinence syndrome pathway outlines the steps necessary in the evaluation and treatment of infants with neonatal abstinence syndrome in an inpatient setting.

### Neonatal Abstinence Syndrome Clinical Pathway — ICU and ...

NB – the phenobarbital should be prescribed as a hospital out-patient prescription (50 mg in 5 ml solution). Note that the phenobarbital solution available in community pharmacies is a different strength (15 mg in 5 ml) and is not suitable for these infants.

### Neonatal abstinence syndrome (NAS)

Adverse effects include bradycardia and tachycardia and an ECG should be obtained to evaluate for QT-prolongation. Methadone has an extremely long half-life which can be up to 24 hours in a neonate. Methadone must be tapered by 10- 20% per week over 4-6 weeks.

### Identifying Neonatal Abstinence Syndrome (NAS) and ...

Send urine and meconium for toxicology screening for suspected drugs as soon as possible post -delivery for infants at risk for neonatal abstinence syndrome (NAS). 2. Begin NAS scoring every 3-4 hours with feedings for infants at risk for NAS. 3.

### Neonatal Abstinence Syndrome Clinical Guidelines for ...

Pharmacologic therapy and transfer to the ICN should be considered for: Three consecutive scores  $\geq 8$  Average of any three consecutive scores  $\geq 8$  Two consecutive scores  $\geq 12$  Average of any two consecutive scores  $\geq 12$  Severe symptoms (e.g., apnea, seizures) Neonatal Abstinence Syndrome (NAS) Guideline of Care. Page.

### Neonatal Abstinence Syndrome (NAS) Guideline of Care

Trusted answers from the American Academy of Pediatrics. Scoring Frequency. Allow baby to transition before scoring begins (generally within 2 hours) Then score q 3-4 h If total score >8, score q 2 h Score before feeding Consistent schedule. Treat with confidence.

### **Neonatal Abstinence Syndrome - AAP Point-of-Care-Solutions**

Nonpharmacological care is the initial treatment option, and pharmacological treatment is required if an improvement is not observed after nonpharmacological measures or if the infant develops severe withdrawal. Morphine is the most commonly used drug in the treatment of NAS secondary to opioids.

### **Neonatal Abstinence Syndrome | American Academy of Pediatrics**

Neonatal abstinence syndrome (NAS) is a withdrawal syndrome that can occur in newborns exposed to certain substances, including opioids, during pregnancy. A new CDC article looked at laws enacted in six states that make health departments or hospitals report all babies born with NAS for public health monitoring.

### **Neonatal abstinence syndrome | CDC**

The #NavigatingNAS Campaign will feature four quarters, each devoted to a different aspect of the continuum of neonatal abstinence syndrome (NAS). Each quarter will provide educational materials for clinical practice and resources for families in addition to webinars, podcasts, and social media outreach.

### **Navigating NAS - AAP.org**

These Guidelines specifically address the management of newborns to mothers with a history of opioid use or opioid dependence, including women currently receiving opioid substitution treatment (methadone or buprenorphine) or using prescription pharmaceutical opioids (such as oxycodone, morphine, pethidine or tramadol).

### **Neonatal Abstinence Syndrome Guidelines**

In addition, severe NAS requires tapered dosages of morphine or methadone as recommended by the American Academy of Pediatrics, to ease infants' withdrawal, coupled with nonpharmacologic strategies ( 1 ).

### **CDC Grand Rounds: Public Health Strategies to Prevent ...**

Morphine Sulfate if infant has 2 consecutive scores (e.g. before and after feed) of  $\geq 9$ , start morphine treatment at a dose corresponding to the highest score • administer morphine sulfate orally as follows: score morphine initial Dose 9-12 0.04 mg 13-16 0.08 mg 17-20 0.12 mg 21-24 0.16 mg >24 0.20 mg.

### **Management of Neonatal Opioid Withdrawal**

The neonatal abstinence syndrome refers to a postnatal opioid withdrawal syndrome that can occur in 55 to 94% of newborns whose mothers were addicted to or treated with opioids while pregnant. 1 ...

### **Neonatal Abstinence Syndrome | NEJM**

Agthe AG, Kim GR, Mathias KB, et al. Clonidine as an adjunct therapy to opioids for neonatal abstinence syndrome: a randomized, controlled trial. Pediatrics 2009; 123:e849. Johnson K, Gerada C, Greenough A. Treatment of neonatal abstinence syndrome. Arch Dis Child Fetal Neonatal Ed 2003; 88:F2. Blume HK, Garrison MM, Christakis DA.

### **UpToDate**

In neonates Neonatal abstinence syndrome occurs at birth as a result of intra-uterine exposure to opioids or high-dose benzodiazepines. Treatment is usually initiated if: feeding becomes a problem and tube feeding is required;

### **Substance dependence | Treatment summary | BNFc content ...**

Pharmacological Treatment. If an infant at risk of NAS has 3 consecutive abstinence scores averaging > 8, or > 12 for 2 consecutive scores, treatment is usually indicated. The scoring interval should be 2 hourly while scores are > 8, and then 4 hourly until the infant has been stabilised.

### **Neonatal Abstinence Syndrome (NAS)**

abstinence syndrome; Abbreviations: CNS — central nervous system DTO — diluted tincture of opium ECMO — extracorporeal membrane oxygenation FDA — Food and Drug Administration 5-HIAA — 5-hydroxyindoleacetic acid ICD-9 — International Classification of Diseases, Ninth Revision NAS — neonatal abstinence syndrome SSRI —

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